

## Ear Piercing

WITH CLEAN HANDS, clean your piercing 2-3 times a day for approximately 5 weeks using a sea salt water solution:

### Cleaning Solution:

Dissolve 1/2 a level teaspoon of sea salt (NOT table salt) in 1/2 a pint of boiled water. Do not make it any stronger than this as it will dry out your piercing.

Stir to dissolve and allow it to cool to a comfortable temperature.

Using a cotton bud, drip the solution over and around the piercing.

Over cleaning your piercing is just as bad as not cleaning it at all.

Avoid touching your piercing and keep your hair off it as this can introduce bacteria and cause infection.

It is very important to keep your piercing clean while it is healing.

Avoid makeup, creams, hairsprays etc. around the piercing until it is fully healed.

Healing times vary and can take from 3-12 months.

A small number of ear piercings do not heal and can reject, growing out. It is advisable to remove the jewellery if this is happening to minimise any scarring and discomfort.

### PLEASE NOTE:

Once you have left the studio your piercing is YOUR responsibility!  
Please contact us if you have any queries so that we can advise you.

**0115 9500004**

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